**HORÁRIO DE MONITORIA FÍSICA**

**MONITOR EDSON**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **M1****7:00 - 7:50** | **M2****7:50 - 8:40** | **M3****9:00 - 9:50** | **M4****9:50 - 10:40** | **M5****10:40 - 11:30** | **M6****11:30 - 12:20** | **Almoço****12:20 - 13:20** | **T1****13:20 - 14:10** | **T2****14:10 - 15:00** | **T3****15:20 - 16:10** | **T4****16:10 - 17:00** | **T5****17:00 - 17:50** | **T6****17:50 - 18:40** |
| Seg |  |  |  |  |  |  | **MONITORIA****FISICA** |  |  |  |  |
| Ter |  |  |  |  |  |  |  |  |  |  |  |  |
| Qua |  |  |  |  |  |  |  |  |  | **MONITORIA****FISICA** |  |  |
| Qui |  |  |  |  |  |  |  | **MONITORIA****FISICA** |  |  |  |  |
| Sex |  |  |  |  | **MONITORIA** **FISICA** |  | **MONITORIA** **FISICA** |

**HORÁRIO DE MONITORIA FÍSICA**

**MONITOR JOSUÉ**

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|  | **M1****7:00 - 7:50** | **M2****7:50 - 8:40** | **M3****9:00 - 9:50** | **M4****9:50 - 10:40** | **M5****10:40 - 11:30** | **M6****11:30 - 12:20** | **Almoço****12:20 - 13:20** | **T1****13:20 - 14:10** | **T2****14:10 - 15:00** | **T3****15:20 - 16:10** | **T4****16:10 - 17:00** | **T5****17:00 - 17:50** | **T6****17:50 - 18:40** |
| Seg |  |  |  | **MONITORIA****FISICA** |  |  |  |  |  |  |  |
| Ter | **MONITORIA****FISICA** |  |  |  |  |  |  |  | **MONITORIA****FISICA** |
| Qua |  |  |  |  |  |  |  |  | **MONITORIA****FISICA** |  |  |
| Qui |  |  |  |  | **MONITORIA****FISICA** |  |  |  |  |  |  |
| Sex |  |  |  | **MONITORIA****FISICA** |  |  | **MONITORIA****FISICA** |  |  |

**HORÁRIO DE MONITORIA FÍSICA**

**MONITOR LUIZ FERNANDO**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **M1****7:00 - 7:50** | **M2****7:50 - 8:40** | **M3****9:00 - 9:50** | **M4****9:50 - 10:40** | **M5****10:40 - 11:30** | **M6****11:30 - 12:20** | **Almoço****12:20 - 13:20** | **T1****13:20 - 14:10** | **T2****14:10 - 15:00** | **T3****15:20 - 16:10** | **T4****16:10 - 17:00** | **T5****17:00 - 17:50** | **T6****17:50 - 18:40** |
| Seg |  |  |  |  |  |  |  |  |  |  |  | **MONITORIA****FISICA** |
| Ter |  |  |  |  |  |  |  |  |  |  |  | **MONITORIA****FISICA** |
| Qua |  |  |  |  |  |  |  |  | **MONITORIA****FISICA** |  |  |
| Qui | **MONITORIA****FISICA** |  |  | **MONITORIA****FISICA** |  |  |  |
| Sex |  |  |  |  |  |  |  |  |  |