**HORÁRIO DE MONITORIA FÍSICA**

**MONITOR EDSON**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **M1**  **7:00 - 7:50** | **M2**  **7:50 - 8:40** | **M3**  **9:00 - 9:50** | **M4**  **9:50 - 10:40** | **M5**  **10:40 - 11:30** | **M6**  **11:30 - 12:20** | **Almoço**  **12:20 - 13:20** | **T1**  **13:20 - 14:10** | **T2**  **14:10 - 15:00** | **T3**  **15:20 - 16:10** | **T4**  **16:10 - 17:00** | **T5**  **17:00 - 17:50** | **T6**  **17:50 - 18:40** |
| Seg |  | |  |  |  |  |  | **MONITORIA**  **FISICA** | |  |  |  |  |
| Ter |  | |  |  |  |  |  |  |  |  |  |  |  |
| Qua |  |  |  |  |  |  |  |  |  | **MONITORIA**  **FISICA** | |  |  |
| Qui |  |  |  |  |  |  |  | **MONITORIA**  **FISICA** | |  |  |  |  |
| Sex |  |  |  |  | **MONITORIA**  **FISICA** | |  | **MONITORIA**    **FISICA** | | | | | |

**HORÁRIO DE MONITORIA FÍSICA**

**MONITOR JOSUÉ**

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|  | **M1**  **7:00 - 7:50** | **M2**  **7:50 - 8:40** | **M3**  **9:00 - 9:50** | **M4**  **9:50 - 10:40** | **M5**  **10:40 - 11:30** | **M6**  **11:30 - 12:20** | **Almoço**  **12:20 - 13:20** | **T1**  **13:20 - 14:10** | **T2**  **14:10 - 15:00** | **T3**  **15:20 - 16:10** | **T4**  **16:10 - 17:00** | **T5**  **17:00 - 17:50** | **T6**  **17:50 - 18:40** |
| Seg |  | |  |  | **MONITORIA**  **FISICA** | |  |  |  |  |  |  |  |
| Ter | **MONITORIA**  **FISICA** | | | |  |  |  |  |  |  |  | **MONITORIA**  **FISICA** | |
| Qua |  |  |  |  |  |  |  |  | | **MONITORIA**  **FISICA** | |  |  |
| Qui |  |  |  |  | **MONITORIA**  **FISICA** | |  |  |  |  |  |  | |
| Sex |  |  |  | | **MONITORIA**  **FISICA** | |  |  | | **MONITORIA**  **FISICA** | |  |  |

**HORÁRIO DE MONITORIA FÍSICA**

**MONITOR LUIZ FERNANDO**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **M1**  **7:00 - 7:50** | **M2**  **7:50 - 8:40** | **M3**  **9:00 - 9:50** | **M4**  **9:50 - 10:40** | **M5**  **10:40 - 11:30** | **M6**  **11:30 - 12:20** | **Almoço**  **12:20 - 13:20** | **T1**  **13:20 - 14:10** | **T2**  **14:10 - 15:00** | **T3**  **15:20 - 16:10** | **T4**  **16:10 - 17:00** | **T5**  **17:00 - 17:50** | **T6**  **17:50 - 18:40** |
| Seg |  |  |  |  |  |  |  |  |  |  |  | **MONITORIA**  **FISICA** | |
| Ter |  |  |  |  |  |  |  |  |  |  |  | **MONITORIA**  **FISICA** | |
| Qua |  |  |  |  |  |  |  |  | | **MONITORIA**  **FISICA** | |  |  |
| Qui | **MONITORIA**  **FISICA** | | | |  | |  | **MONITORIA**  **FISICA** | |  |  |  | |
| Sex |  |  |  | |  | |  |  | |  | |  |  |